

Powder Mill School

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Cheeseburger Picnic Three bean salad Fruit & Milk Choice	Combo Basket Chicken strips Red skin Potatoes Fruit & Milk Choice	Mac n Cheese Peas & Carrots Fruit & Milk Choice	Chicken & Gravy Green Beans Fruit & Milk Choice	Stuffed Crust Pizza Garden Salad Fruit & Milk Choice
2	Popcorn Chicken Sweet potato fries Fruit & Milk Choice	Grilled Cheese Tomato Soup Fruit & Milk Choice	Taco in a bag Fiesta Beans & Corn Fruit & Milk Choice	Breakfast for Lunch French Toast Hash Brown Fruit & Milk Choice	Stuffed Crust Pizza Garden Salad Fruit & Milk Choice
3	Mozzarella Sticks Roast Carrots Fruit & Milk Choice	Chicken Patty Sandwich Fries Fruit & Milk Choice	Hot Dog with Chili Baked Beans Fruit & Milk Choice	Teriyaki Chicken with Rice Broccoli Fruit & Milk Choice	Stuffed Crust Pizza Garden Salad Fruit & Milk Choice
4	Chicken Nuggets Broccoli Fruit & Milk Choice	Breakfast for Lunch Pancakes / Waffles Hash Brown Fruit & Milk Choice	Spaghetti & Meatballs Green beans Fruit & Milk Choice	Nachos with dipping cheese Fiesta Black Beans Fruit & Milk Choice	Stuffed Crust Pizza Garden Salad Fruit & Milk Choice

Menu Subject to change without notice

ALL MEALS COME WITH A CHOICE OF NO FAT CHOCOLATE OR 1% MILK
ALL GRAINS ARE WHOLE GRAIN, ALL YOGURTS ARE LOW-FAT

LUNCH PRICES	
Paid	\$3.00
Reduced	40¢
Milk	50¢

Alternate Meals	
Yogurt Meal	Salad Meal
Peanut Butter & Jelly	
Peanut Butter & Fluff	

Interested in Part time work in School Nutrition? Call 413-569-6870
The USDA is an equal opportunity employer



Free or Reduced Lunch?
Apply confidentially online at:
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April					
Wk	Mo	Tu	We	Th	Fr
2	1	2	3	4	5
3	8	9	10	11	12
Vacation 4/14 - 4/21					
4	22	23	24	25	26
1	29	30	1-May	2-May	3-May

May					
Wk	Mo	Tu	We	Th	Fr
1			1	2	3
2	6	7	8	9	10
3	13	14	15	16	17
4	20	21	22	23	24
1	27	28	29	30	31

June					
Wk	Mo	Tu	We	Th	Fr
2	3	4	5	6	7
3	10	11	12	13	14
4	17	18	19		
	24	25	26	27	28

Half Days	Menu
2-Apr	Chicken Sliders
24-May	Waffles / French Toast