



SOUTHWICK-TOLLAND-GRANVILLE REGIONAL SCHOOL DISTRICT

86 Powder Mill Road, Southwick, MA 01077

Phone (413) 569-5391

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Jennifer C. Willard
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COVID 19 Symptom list:

Your child was sent home due to complaints of:

- ☐ Fever (100.0° Fahrenheit or higher), chills, or shaking chills
- ☐ Difficulty breathing or shortness of breath
- ☐ New loss of taste or smell
- ☐ Muscle aches or body aches
- ☐ Cough (not due to other known cause, such as chronic cough)
- ☐ Sore throat, *when in combination with other symptoms*
- ☐ Nausea, vomiting, or diarrhea *when in combination with other symptoms*
- ☐ Headache *when in combination with other symptoms*
- ☐ Fatigue, *when in combination with other symptoms*
- ☐ Nasal congestion or runny nose (not due to other known causes, such as allergies) *when in combination with other symptoms*

Please follow the District response protocols to staff and students reporting symptoms or diagnosis of Covid-19 from the district webpage.

Please call your child's physician for guidance regarding testing.



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Your child has displayed possible symptoms of COVID-19 while on school bus or in the school building...

Current Massachusetts DPH guidance is that all symptomatic individuals in Massachusetts should be tested. An individual who does not wish to be tested may return to school on day 6 from start of symptoms, as long as their symptoms have improved and they have been without fever for at least 24 hours prior to their return to school without the use of fever reducing medication.

Testing options may be a PCR or antigen test for Covid-19. An antigen test may be self-administered and does not need to be proctored or performed by a healthcare professional.

Proceed as follows according to test results:

- **IF Covid-19 test is NEGATIVE:** Students may return to school after they have tested negative for COVID-19, have improvement in symptoms, and have been without fever for at least 24 hours without the use of fever reducing medications (i.e. Acetaminophen (Tylenol) or Ibuprofen (Motrin)).
- If a provider makes an alternative diagnosis for the COVID-19-like symptoms, the individual may return to school based on the recommendations for that alternative definitive diagnosis (e.g., influenza or strep pharyngitis) provided written documentation is submitted to the school nurse by the licensed medical provider. Verbal communication, or written statements by parents/guardians will not be accepted.
- **IF POSITIVE:** Student remains at home (except to get medical care), monitor their symptoms, **notify the school**, notify personal close contacts, and assist the school in contact tracing efforts. Isolate at home for at least 5 days, return to school/sports/activities on day 6 or later when fever free for at least 24 hrs and other symptoms are significantly improved and must wear a mask at all times when around others for an additional 5 days. They can only remove mask when actively eating or drinking.

Results of Covid testing can be faxed to the school nurse at 413-569-4109 OR emailed mlamoureux@stgrsd.org OR shanifan@stgrsd.org.