

Winter Athletic Season Information

Southwick Regional School



Purpose

- To outline existing guidance and describe how the SRS Athletic Department will meet or exceed that guidance
- To present and discuss relevant concerns regarding the possible spread of COVID-19 through athletic participation
- To present information relevant to the current COVID-19 spread in the community
- To offer options for how SRS may safely participate in athletics in the winter season

Topics

- Fall Athletics
- Where we are
 - Current Covid numbers
 - Status of winter season preparation
- EEA/MIAA Guidance
 - General
 - Sport Specific (Basketball, Hockey, Skiing)
- SRS Athletics Plan-General
- Stakeholders Feedback
- Proposals

Fall athletics

- SRS-No Covid issues with intra-murals or golf. 60+/- student-athletes
- PVIAC- 38 ADs surveyed
 - 2 reported COVID cases that were likely spread **directly through** Athletic participation
 - 1 involved hockey players playing in a weekend tourney outside of PVIAC competition
 - 1 team had a member test positive (unknown origin), no one else on the team tested positive (soccer)
 - 19 (50%) had athletic teams impacted (cancelled practices or games) due to potential exposure
 - 5 reported having in-person student learning impacted due to exposure of close contacts
- MIAA- No data available, but plenty of anecdotal evidence that athletic competition (on the field, court, etc) has not been DIRECTLY linked to virus spread
 - Richard Pearson- MIAA Assistant Director, MIAA liaison to Sports Medicine Committee
 - Elizabeth McAndrews- Chair, MIAA Game Officials Committee
 - Dave Stratton- Agawam AD , PVIAC rep to MIAA Sports Medicine Committee
- Evidence shows that behaviors outside of athletic participation have greater impact
 - Tailgating, congregating before/after
 - No masks/social distancing in locker rooms
 - Team activities

Current Status of Athletics

- Mass EEA issued its' guidance on 11/7
- MIAA issued sport specific guidance on 11/21
 - No tournament play
 - *Wrestling and Cheerleading moved to Spring season*
 - *Indoor Track moved to Fall 2 (due to lack of facilities to accommodate)*
 - **Basketball, Ice Hockey and Skiing approved to compete in the Winter, with modifications**
 - Postponed start date for winter season to 12/14
- PVIAC
 - **Postponed the start date even further, to Jan 4th**
 - **Will schedule the season with 'bubbles,' as in the Fall**
 - Schools in 'bubbles' TBD



Current Status of COVID cases-Positivity rates

*from Mass DPH (www.mass.gov) thru 11/25

- Hampden County - 6.22%
 - Southwick – 7.75%
 - Granville – 4.96%
 - Tolland – <5 cases
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- Based on current MOA, STGRSD remains fully remote at this time.
 - If/when STGRSD or SRS are forced to go fully remote, athletics will be shut down, as well.



Mass EEA Guidance

- For team and group sports, no more than 25 players or participants can be on a single playing surface/area/court at any one time
- Locker rooms are closed and can only be accessed for toileting
- Players, coaches and officials should arrive for practices, games, meets and competitions dressed to play
- Tailgating and other social gatherings are strictly prohibited in common areas; "Arrive, Play, Leave"
- While indoors, visitors, spectators, volunteers, and staff must wear facial coverings.
- Alpine Skiing designated 'low risk.' Indoor track designated 'medium risk.'
- Ice Hockey and Basketball designated 'high risk', but allowed to participate in competitions, with modifications
- Cheer and Wrestling deemed 'high risk' and prohibited from competition



MIAA Guidance-General

- A record should be kept of all individuals present at team activities i.e. – practices, practice cohorts, competitions, etc.
- Coaches are responsible for ensuring social distancing and masks are properly worn
- It is recommended that each athlete bring their own gym bag for personal items. All personal items should remain in the gym bag when not in use.
- Athletes shall NOT exchange handshakes before, during or following practices and competitions.
- There should be no shared athletic equipment unless required by the sport rules. Each player should bring their own ball or use the same school-issued ball during practice
- All students must bring their own water bottle. Water bottles cannot be shared.

MIAA Sport Specific Guidance- Basketball

If a player is in violation of the mandatory mask rule, the referee has the authority to send the player off the court.

Halftime will be eliminated. The length of time between quarters will be extended to 2:30.

The game ball will be changed at the end of each quarter, or more frequently, when possible.

The length of timeouts will be increased to 1:15 to provide extra time for sanitizing and appropriate social distancing.

Players will refrain from huddling on court as a team prior to, during or following free throws or other game situations.

Basketball Modifications (Continued)

A maximum of 18 individuals (including players and coaches) are allowed on the bench

Basketballs will be wiped with disinfectant at the end of each period. A disinfected or new game ball will be used to start each quarter and overtime. The visiting team is responsible for providing their own basketballs for warmups.

The **jump ball will be eliminated** to start the game and replaced with a throwin at the division line. A coin toss will be used (visiting team calls) to determine which team is awarded the ball to start the game.

To limit congestion and contact, free throw lanes will be limited to four players. On two/three shot fouls, free throw lanes will remain empty and players can only enter lanes prior to the final attempt.

To eliminate congestion and contact under the basket during dead ball situations, offensive plays in the frontcourt will be inbounded at the foul line extended (not under the basket/end line).

Basketball Modifications

In order to avoid unnecessary contact while managing time at the end of the game, a team representative will notify the official if they are planning to foul a player receiving the inbounds pass; once the defensive team lightly tags the receiving offensive player the official will stop the play and administer a foul.

Point of emphasis - officials will quickly stop play/whistle during a loose ball/tie up between players in order to limit close contact.

On all throw-in/inbound plays, the defender will maintain a distance of 6 feet from the player inbounding the ball.

The home team/host school is responsible for providing socially distanced bench areas

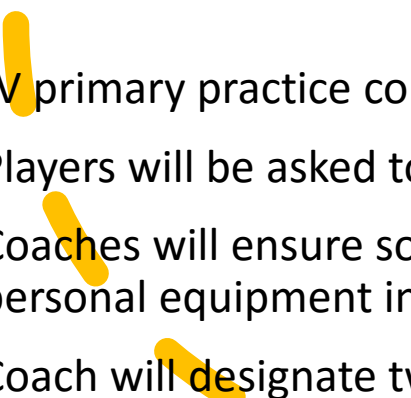
Follow school protocols to clean/disinfect bench area between games.

SRS Basketball Plan

- Players arrive no more than 15 minutes prior to start of practice/game.
- Varsity teams to report to main gym. JV to aux gym.
- Players/coaches to complete pre-screening survey upon arrival. Opposing team's coach to complete the survey, attesting that their team is in compliance
- Boys team to enter building and gym via door outside of Boys locker room hallway (between auditorium and main gym).
- Girls team to enter building and gym via door outside of Girls locker room hallway (between main gym and aux gym).
- When hosting games, SRS (boys and girls) will enter and utilize only the Girls locker room hallway (aux gym). Opponents will enter and utilize only the Boys locker room hallway (auditorium).
- Locker rooms available as restrooms only. Restrooms in main hallway will be off-limits.
- No one permitted in main hallway (front of gym) or anywhere else in the building during basketball events.



SRS Basketball Practice Schedule Plan

- Teams (Boys&Girls) to rotate early and late practice slot.
 - 2:30-4:15-Early practice
 - 4:15-4:30 Early team to clean equipment and disinfect as needed. Team to leave by 4:30 via designated exit only
 - 4:30-5:00-Time for custodians to clean, as needed
 - 5:00-6:45-Late practice
 - 6:45-7:00 Late team to clean equipment and disinfect as needed. Team to leave by 7:00 via designated exit only
 - 7:00-EOS- Custodians to clean and disinfect, as needed
 - This schedule ensures that only one team will be in the building at a time, and custodians have time to properly clean and disinfect, according to protocols.
 - JV primary practice court is the aux gym. Varsity in the main gym.
 - Players will be asked to bring their own ball for individual skill drills, or will be assigned a school ball for the season.
 - Coaches will ensure social distancing of players by placing cones 6+ feet apart. Players will keep their personal equipment in their designated spot, and will return there for water breaks and 'team talks'
 - Coach will designate two 'mask break' areas within the gym area, at least 10 feet from any team activity.
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Basketball Coaches Written Plan

• Southwick Basketball Covid Team Rules (adapted)

- 1. Please do not come to any event if you are feeling unwell or have been exposed to someone diagnosed with Covid 19.
- 2. Please check in with a coach or designated adult to confirm no Covid symptoms before coming to the basketball court. (there will be a symptom check-in upon arrival to the gym for contact tracing purposes).
 - 3. Please arrive in a face covering.
- 4. Face coverings will be worn at all times unless in designated social distancing areas or when given permission by the coach to step at least 10ft away from other athletes. If taking a mask break, not in the designated social distancing area, athletes must not touch the front of their face coverings. They must only handle the face-covering by the ear loops.
 - 5. Please bring your own hand sanitizer in a small plastic bag.
 - 6. Please bring plenty of water as there will be absolutely no sharing.
- 7. Players will have a designated space, marked by cones and numbers, for their belongings/water breaks and should go there immediately after checking in.
- 8. Social distancing will be practiced on arrival/dismissal, during water breaks, during team discussions, when transitioning between activities, and as much as possible, understanding that the sport does have intermittent contact.
 - 9. Absolutely no sharing of personal equipment.
- 10. Locker rooms will not be available, except as restrooms. Please plan accordingly.
- 11. Please do not use any benches/seats that are at the court unless instructed to do so.
- 12. Players will be provided their own pennie practice jersey at the beginning of the season to bring to and from practice.
 - 13. Please label all belongings and only bring what is necessary.
 - 14. All practice clothes and equipment should be properly cleaned after each use.
 - 15. Please have *at least* 1 back up face covering at all times.
- 16. Please notify the coach immediately if experiencing symptoms, or if you've been designated a 'close contact' to anyone that has tested positive, so we can take the proper action.
 - 17. Keep in mind that we are ALL in the same bubble now.
 - 18. HAVE FUN!

• Southwick Basketball Coaches Plan for Practices

- 1. Create assigned social distancing spaces on the court using cones.
- 2. Create warm-up spots on the end line or sideline (numbers dependent) using cones 6ft and more apart
- 3. Coaches will make sure to plan practices that involve social distancing while keeping in mind that there may be intermittent contact during gameplay. Players will be instructed to follow social distancing and to wear masks at all times.
- 4. Have players bring their own ball with their name on it for individual skill drills. If players do not have their own ball, assign them a numbered ball from the school that will be returned at the end of the season.
- 5. Players will use their own ball for individual dribbling skills that do not require passing or shooting.
- 6. Players will return their personal ball to their bag when it is not in use.
- 7. Players will use school-provided equipment (balls/cones) for passing, shooting, and gameplay.
- 8. Players will go to the school designated pick up location if their parent is not already there when practice ends. Face coverings and social distancing will be required.
- 9. Players will continue to wear their face coverings until they get into their vehicles. Those traveling with people outside of their household should consider keeping their face coverings on until they have exited the vehicle at their destination.
- 10. Coaches and players will follow all state, MIAA, and school guidelines. Cohorts will be made
- based on the number of participants. All rules and guidelines will be reviewed at the first practice and regularly throughout the season.
- 11. Coaches and Athletic Trainer will have hand sanitizer and disposable face masks available, as needed.

Basketball General Info

- Solicited, but could not find, relevant specific data on basketball participation in area leagues.
- Anecdotal evidence indicates no known transmission on the court, during competition.
- Enfield league completed their season two weeks ago with no known cases or transmissions during the season

MIAA Sport Specific Modifications-Ice Hockey

Face Masks are required at all times in the facility and at all times while playing

Everyone must have their own beverage container that is not shared; Container must be labeled for each participant

Game Officials must wear a mask at all times and use electronic whistles

During warm-up, all players must always maintain appropriate social distancing of 6 feet

Limit bench personnel to no more than 3 coaches and one athletic trainer

Team benches must expand to areas in the rink that allow players to use additional seating allocated for players and coaches (only) to adhere to the 6 feet spacing guidelines

One person in the penalty box at a time, if another player must be in a designated "auxiliary box/location", they must be social distanced either outside the penalty box or in the bench area

Players preparing for the faceoff must setup 6 feet apart

Adhere to established EEA guidelines for locker rooms. They are to remain closed, except as restroom facilities

Only one defensive and one offensive player are permitted in any scrum along the boards; a third participant in any scrum will cause an immediate stoppage of play

SRS Ice Hockey Plan-Practice

- SRS will practice at 5:45am and be the first people in the building, following the end of day disinfecting by rink staff the night before.
- Players to arrive at practice/game dressed except for skates, helmet and gloves, no more than 15 minutes prior to the event.
- Players will check in with coach upon arrival and complete the pre-screening survey prior to participation
- Masks are to be worn at all times, except in designated 'mask break' areas
- Practice in cohorts
- No congregating before, during or after practice. "Arrive. Play. Leave."
- Coach will build in 'sanitizer breaks' and have sanitizer readily available on the bench during practice.

SRS Ice Hockey Plan-Games

- SRS will follow all established protocols set forth by Amelia Park Ice Arena, in compliance with EEA guidelines.
- Players will follow the established traffic flow pattern, upon entering and exiting the building, team areas and playing surface
- Locker rooms will not be available. Players are to arrive dressed and ready, except skates, helmets and gloves. Amelia Park has designated a socially distanced changing area for players to use.
- SRS players will complete the pre-screening survey. Opposing teams coach will complete the survey, attesting that his team is in compliance, as well.
- One 'line' (5 players) will be on the ice, and one line on the bench at a time. Any player not on the ice or bench will wait at the designated team 'overflow' area next to the players bench. At stoppages of play, as warranted, the coach will relegate players from the 'active' portion of the bench/ice to the overflow area, and summon players from the overflow area onto the bench; one on for each one off

SRS Ice Hockey Plan- Continued

- No more than 10 people will be allowed on the bench at a time (7 players and 3 coaches)
- Only one penalized player will be allowed in the penalty box at a time. Any additional penalized players will take a spot on the players bench (next to the penalty box) and will rotate into the penalty bench at stoppages of play, as prior penalties expire
- Upon completion of the game, no handshakes will be permitted. Visiting team will exit the ice and rink via their designated path. Home team via theirs. All players, coaches and officials will be expected to leave the rink within 15 minutes of completion of the game.

Ice Hockey Coaches Written Plan

- **Practice Plan:**

- Follow all EEA and MIAA guidelines
- Players will use the sanitizer at the rinks when entering.
- Come dressed except skates, helmets and gloves. Socially distance in the rink while putting skates, helmets and gloves on.
- I will designate a Covid Coach who will be responsible for tracking everyone that attends practices and games via a sign in sheet and/or the on-line symptom survey. They will be the point of contact in the event someone tests positive and will be responsible to notify me and the Athletic Director.
- Social distancing prior to hitting the ice.
- On ice – if we have more than 20 players on the ice we will be running stationed based practices in small groups. I run these practices currently with the youth teams and this will be instituted at Southwick.
- We will all be wearing masks, socially distancing on the ice when possible and we will remain in pods, or cohorts, for the season. A pod will consist of the same 5 kids to run drills together at practice and will be the same group in games (might be some slight modifications based on injuries and ability).
- Every player will bring their own water bottles, with names clearly marked and there will be no sharing.
- Practices will have minimal down time and no congregating of players
- Upon exiting the ice at the end of practice we will take off skates, helmets and gloves and leave the rink. No congregating or hanging around. Again facemasks will be worn at all times.
- I will have hand sanitizer on the bench for coaches and players. Extra disposable masks will also be available

- **Game Management Plan:**

- Team will arrive no more than 15 minutes prior to the game time and check in by completing the on-line symptom survey.
- Players will arrive dressed, except for skates, gloves and helmet, which they will put on at the designated area behind the team bench
- During warm-ups, players will remain at least 6 feet apart
- Players will be expected to wear masks at all times, except when in the designated 'mask break' area.
- One line of 5 players will be on the ice. One line will be on the bench. Any players not on the ice or the bench will remain at the 'extended bench' outside of the playing area, and wait for their turn to rotate into the game, at which point one player will come off the ice or bench for each player that enters.
- Any player receiving a penalty while a teammate occupies the penalty box will take a position at the end of the bench closest to the penalty box door.
- There will be never be more than 7 players and 3 coaches on the bench at any one time.
- Following the game, players will leave the rink immediately upon removing their skates, etc.

Ice Hockey-General Info *USA Hockey Study*

- By Dr. Stephen McGregor, Ph. D
 - Eastern Michigan University School of Health Promotion and Human Performance
- Sensors worn by players age 12-18 (over 15,000 sessions) to "quantify impacts incurred by players in practices and games"
- Determined player to player impacts lasted .098 seconds each, and each player was in the 'immediate proximity' (contact) with other players for 1.23 seconds per game

Ice Hockey – General Info (cont)

- Ice Hockey was locked down for two weeks from 10/23-11/6
- Even with the lock down, Governor Baker was clear that the game itself, on the ice, was not the 'super spreader'. Behavior of coaches, parents and players before, during and after each game created the problem

Regarding the Ice Hockey 'Shut Down' and subsequent re-start

- Governor Charlie Baker, when asked why college hockey was not included in the suspension, Baker responded, ***“college hockey actually has the capacity to deliver on protocols that have to do with what happens off the ice which is really where we felt the biggest and most significant issues about risk were taking place.”***
- ***“This is a good example of where our contact tracing was enormously effective because it picked up that it wasn’t so much the actual act of playing hockey, it was all of the stuff that was around it and the best way that I can describe it is to say that hockey tournaments, especially interstate hockey tournaments are like a party. They start at a rink at 7 o’clock in the morning, there are 25 teams there, there’s literally sort of the equivalent of a tailgating going in the parking lot, virtually throughout the course of the day. The kids play maybe two or three games, when they are not playing, they’re goofing around with each other in the way that kids do and that in many respects is the biggest issue associated with the youth hockey piece,”*** the governor said.

The protocols and executive orders that the governor implemented in order to allow hockey to re-open support this quote:

- *No more than one game, unless games are back to back, in one day.
- *No teams from out of state to play in Mass.
- *No Mass teams allowed to play out of state.
- *No Mass players to play on out of state teams
- *No out of state players to play on Massachusetts teams
- *Locker rooms to remain closed
- *Ban on body checking was rescinded, allowing for more potential contact between players on the ice, during play.
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- The MIAA interscholastic model, as well as all COVID restrictions and guidelines do not foster the behaviors that led to all of the 'trouble areas' described by Governor Baker. Parents and players will not be allowed to 'hang out' before or after games, nor is there a reason that they would, once the game is over.

Hockey –
Greater
Springfield
Youth League
Data thru 11/20
from Tim
McMahon, GSL
President

- 97 Teams
- Over 1000 players
- 160 games
- Over 1000 practices
- 0 games canceled or postponed due to COVID concerns
- 1 positive test due to exposure at a family function caused team quarantine. No other cases on that team
- No known player to player transmissions

MIAA Sport Specific Guidelines- Alpine Skiing

Masks or gaiters must be worn at all times. All social distancing protocols must be followed (6 feet between athletes)

Workouts should be conducted in pods of students, with the same 5-10 students always working out together.

Schools will arrive to the host site in staggered manner. Competitors must arrive dressed and equipment must be ready for competition.

The skier's method of transportation will become their warming area

Designated warm down areas must be provided for each team to ensure social distancing of 6 feet after the meet.

Athletes/teams must immediately disperse upon the conclusion of practice and meets.

SRS Ski Team Plan

- Skiers will check in with coach and complete SRS screening survey upon arrival to school for race or practice.
- Team to be taken by bus to Berkshire East 2-3 times per week (races and practice)
- Masks to be worn at all times, except in designated 'mask break' areas. All skiers are expected to social distance.
- Players to load and un-load their own equipment on/from the bus
- The ski lodge at Berkshire East will be closed, except for restroom facilities
- The team bus will be made available as a 'warming room' for skiers
- Berkshire East will provide a tent for each team
- Coaches will communicate with each other via 2-way radios and/or cell phones to ensure that all players are accounted for and in compliance

Ski Team Plan (continued)



Indoor Dry-Land Training will be conducted in the main hallway and weight room at SRS when weather does not allow for training outside.



On days when training indoors, the coaches and/or AD will communicate with custodial staff to ensure proper cleaning and disinfecting of relevant areas (doors, etc). Ski team will disinfect all weight room equipment with each usage.



Coaches will have hand sanitizer, facemasks, gloves, etc. available at all times

Southwick Ski Team Coaches Plan

General

- The Southwick Ski Team will follow all COVID-19 guidelines set in place by EEA, MIAA, PVIAC and Berkshire East. We will also follow guidelines outlined by USSA where applicable.
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- Mask will be worn at all times except for mask breaks while keeping a social distance in excess of 6 feet.
- Social distancing will be practiced regardless of masks where possible.
- Ski Team should carry in their bootbag/backpack multiple masks with them for practices/races. Clean masks should be kept separate from worn masks. Masks should be washed regularly.
- Ski Team should carry their own personal hand sanitizer in their bootbag/backpack.
- Ski Team will be broken into sub-team or pods and that sub-team/pod will train together, ride the chair together.
- Bibs and ski passes will be handed out and collected each use by the coaches and kept by the coaches.
- Attendance will be taken each practice/race.
- A questionnaire link will be sent by the Athletic Director to the team. Each coach and team member will scan the QR Code and fill out the questionnaire accordingly.

Practice and Race Nights

- The school will provide bus transportation for the team to Berkshire East. Students will arrive at the school dressed for practice or a racing accordingly.
- Students will sit in their own bench seat on the bus.
- Each skier will be responsible for loading and unloading the skis and poles from the bus storage units.
- There will be no sharing or borrowing of ski equipment or clothing.
- The Lodge is not open for seating or changing into your ski gear. Bathrooms will be open.
- Each sub-team/pod will ride on the chairlift together and will not ride with other schools.
- The team will not use a singles line even if the mountain allows it.
- On race night students may lower their mask for the race. Upon completion of the race they must put their mask or gator back on and clear the finish area immediately.
- The warming area will be the bus. If students get cold they will need to walk to the bus.

SRS Athletics Protocols-Non Sport-Specific

Isolation Room:

- Location
 - Inside: Room 421 (SRS Pre-established Covid room)
 - Outside: Wherever the athlete can properly distance themselves 12+ ft away from people, to be specifically designated by the coach or event coordinator.
- Criteria for isolation room usage:
 - Temperature of 100 or higher
 - Positive COVID Screen
 - Exhibits COVID symptoms

PPE/COVID Equipment Available:

Disinfecting wipes	Yes
Facemask/Surgical	Yes
Gloves	Yes
Bio Hazard Bag	Yes
Touchless Thermometer	Yes
Hand Sanitizer	Yes

All coaches and athletes should have facemasks on their person. The ATC and AD will have extras, if needed. All coaches should have hand sanitizer, gloves and biohazard bags in the med kit provided. The ATC will have the touchless thermometer available

SRS Athletics Protocols-Non Sport-Specific

Screening

- Athletes will complete a COVID screening via [online survey](#) PRIOR to practice/competition
- The coaches will review athlete screening survey reports daily
- Opposing coach to complete screening survey for their entire team upon arrival
- Opposing coach/AD to provide complete rosters to SRS Coach/AD
- Game staff and officials to complete screening survey upon arrival
- If athlete is experiencing ANY symptoms they are asked to stay home and check in after 24 hrs
- If athlete reports symptoms during practice they will be sent to Athletic Trainer... At this time, they will be screened again and a temperature will be taken via touchless thermometer (available on site with ATC)
- If athlete has a temperature of 100 or higher they will be sent home
- If athlete reports ANY symptoms of COVID they will be sent home
- If athlete has a combination of a 100 or higher temperature AND COVID symptoms they will be isolated in the “designated COVID isolation area” and parent/guardian will be contacted
- At this time the Southwick AD will be notified whom will notify the necessary school personnel (Nurse, Principal, Superintendent)

TRANSPORTATION

- No changes to existing system
- Athletes/families are responsible for getting to practice and home games.
 - Basketball players at school go home and return for practice or bus, unless they have the early practice
 - Hockey players go to and from Amelia Park for practice and home games, and to SRS for bus to away games
 - Skiers must get to school to catch bus for practices and races at Berkshire East
- When riding a bus, all existing STGRSD and LPVEC transportation guidelines will be followed
 - Max 23 Passengers (one per seat)
 - Sit in marked social distant seats
 - Windows open according to weather
 - First on sit in back. Those in front are first off.
- Parent survey indicates willingness to get athletes to practice, games, etc.



Student-Athletes not in compliance

Student-athletes that are not in compliance with the social distancing and mask protocols will receive 1 'reminder' from their coach.

The second incidence of non-compliance in the same day will result in the student-athlete being asked to leave. If no parent is available to pick up the student-athlete, they will be removed from practice and asked to wait in a designated area, away from the team, until their transportation arrives

Any student-athlete that is sent home by their coach more than one time for failing to comply will not be allowed to rejoin the team until meeting with the AD and/or school administration.

Any student-athlete that is not in compliance with social distancing or mask guidelines after the 2nd incident will be removed from the team and all athletic participation for the remainder of the season.

Positive Tests/Close Contacts

- If an individual on the team has a positive COVID test, or is determined to be a 'close contact' of someone else that tests positive, that individual will be asked to quarantine for 14 days and the entire team will be immediately shut down while an investigation determines the exposure risk level of other members of the team. Practices and competitions will be cancelled until the AD and school administration deem it safe for team members to return. If that investigation determines that other members of the team are 'close contacts', those team members will enter into the District Quarantine protocols, in conjunction with school nurse, ATC and AD.
- Contact tracing related to athletic participation will be initiated and conducted by the Athletic Director and Athletic Trainer and any other designee of the school administration, in conjunction with the school nurse and under the guidance of town health officials.

SRS Spectator Policy Winter 2020-21

- Southwick Regional School will not allow spectators at basketball and ice hockey games during the 2020-21 winter season.
- Basketball fans will be able to view home games (and some road games, depending on opponents) LIVESTREAMED at www.nfhsnetwork.com, with a monthly subscription cost of \$10.99 or a yearly subscription of \$69.99 per device
- Hockey fans will be able to view all home games (and most away games) LIVESTREAMED at www.livebarn.com for \$17.95 per month, or \$14.95 per month with a one year subscription
- Ski fans must follow fan limitation guidance set forth by Berkshire East and PVIAC race coordinators

Feedback from Stakeholders

- Surveyed Parents, Student-Athletes, Faculty
 - Parents-134 responses
 - Student-Athletes-77 responses
 - Faculty-47 responses
- Met with Southwick Public Health Nurse

Parents survey

How concerned are you about your child contracting Covid-19 from their TEAMMATES through participation in team sports?

- | | |
|-------------------------------------|----------|
| • Very concerned | 18% (25) |
| • Somewhat concerned | 25% (34) |
| • Neither concerned nor unconcerned | 18% (25) |
| • Somewhat unconcerned | 15% (21) |
| • Not concerned | 21% (29) |

How concerned are you about your child contracting Covid-19 from OPPONENTS or other game participants outside of their team through competition?

- | | | |
|-----------------------------------|-----|------|
| Very concerned | 24% | (33) |
| Somewhat concerned | 22% | (30) |
| Neither concerned nor unconcerned | 14% | (19) |
| Somewhat unconcerned | 15% | (20) |
| Very unconcerned | 23% | (32) |

Parents survey

How confident are you that the guidelines and protocols established by the CDC, EEA, MIAA, PVIAC and STGRSD can keep your child safe?

• Extremely confident	32% (44)
• Somewhat confident	35% (48)
• Neutral	17% (23)
• Somewhat not confident	5% (7)
• No Confidence	9% (12)

How confident are you that the SRS Athletic Department, coaching staff, trainer, game day staff, and custodial staff can meet or exceed all established guidelines and protocols?

Extremely confident	40% (54)
Somewhat confident	35% (47)
Neutral	8% (11)
Somewhat not confident	9% (13)
No Confidence	6% (9)

Parent Survey

How will your student-athlete get to practice, etc. on days when they are not on campus during the school day?

134 Responses

- | | |
|--|-----|
| • Parent/Adult Family Member | 101 |
| • Sibling/Teammate (Student Driver) | 17 |
| • Carpool with other family (teammate) | 2 |
| • Walk/Bike | 1 |
| • Other | 6 |
| • Not sure | 7 |

If necessary, are you willing and able to have your student-athlete tested for Covid-19, as needed, based on district protocols?

- | | |
|-----------------|-----|
| • 134 Responses | |
| • Yes | 119 |
| • No | 1 |
| • Maybe | 14 |

Faculty Survey – 47 Responses

How concerned are you that a student-athlete will contract Covid-19 through athletic participation AND spread it to others in the school and/or community?

- Very concerned 24
- Somewhat concerned 10
- Neither concerned nor unconcerned 3
- Not very concerned 6
- Not at all concerned 4

How concerned are you that potential Covid-19 exposure concerns will impact in-person learning of student-athletes (i.e. quarantine while awaiting testing, contact tracing, etc).

- Very concerned 20
- Somewhat concerned 14
- Neither concerned nor unconcerned 5
- Not very concerned 6
- Not at all concerned 2

Faculty Survey – 47 Responses

How confident are you that the guidelines and protocols set forth by CDC, EEA, MIAA, PVIAC and STGRSD are sufficient to keep student-athletes at SRS safe during athletic participation?

- Extremely confident 8
- Somewhat confident 13
- Neutral 10
- Somewhat not confident 9
- Extremely not confident 7

How confident are you that the SRS athletic department, coaching staff, trainer, game day staff and custodial staff will meet or exceed all guidelines and protocols to keep student-athletes at SRS safe during athletic participation?

- Extremely confident 16
- Somewhat confident 14
- Neutral 2
- Somewhat not confident 10
- Extremely not confident 5

Which statement best reflects your philosophy regarding SRS student-athletes participating in interscholastic competition during the Winter season?

Parent Survey – 134 responses

- | | |
|---|----|
| • No season-Lock it Down | 15 |
| • It's not a good idea | 25 |
| • Meh, It's fine either way | 8 |
| • Allow them to play, if they follow safety protocols | 49 |
| • LET THEM PLAY! | 37 |

Faculty Survey – 47 responses

- | | |
|---|----|
| • No season-Lock it Down! | 10 |
| • It's not a good idea | 16 |
| • Meh, It's fine, either way | 0 |
| • Allow them to play, if they follow all safety protocols | 16 |
| • LET THEM PLAY! | 5 |

Student-Athlete Survey - 77 Responses

How confident are you that the EEA, MIAA, and STGRSD COVID guidelines and protocols are enough to keep you and all athletic participants safe?

• Extremely confident	45
• Somewhat confident	17
• Neutral	7
• Not very confident	7
• Not at all confident	1

How confident are you that the SRS Athletic Department, Trainer, Custodians and Coaches can meet or exceed all restrictions and best practices detailed in the EEA, MIAA and STGRSD COVID-19 guidelines and protocols?

• Extremely confident	48
• Somewhat confident	17
• Neutral	9
• Not very confident	2
• Not at all confident	1

Public Health Nurse

- Southwick Department of Public Health's official position is to support whatever decision is made by the district, with reservations due to the current surge in COVID-19 numbers.

Summary

EEA, MIAA, STGRSD Guidance and Protocols

- Data indicates that Guidance and Protocols established by various Agencies and organizations, when followed properly, have proven sufficient to stop the spread of COVID-19 during training and competition, on the field(s) of play.
- Failure to follow guidance and protocols before, during and after competitions has led to issues.

SRS Athletic Department's COVID Plan

- The SRS Athletic Department's plan for every aspect of COVID-19 management meets or exceeds all established Guidance and Protocols.
- All stakeholders surveyed expressed overwhelming confidence in our ability to do so:
 - Parents: 75%
 - Faculty: 63%
 - Student-athletes: 84%

Option 1 – Full participation in Basketball, Skiing and Ice Hockey

First practice to start Jan 4. First competition not before Jan 14.

Last day of competition - Feb. 21... 7 week season

Season to be conducted according to the plan previously outlined.

Continued participation throughout the season will be based on STGRDs status. If STGRSD goes remote due to being in the 'red', athletics would be shut down.

If opposing schools are fully remote due to being in the 'red', competitions against them will be postponed

Option 2- Conditioning/Intra- mural

Conditioning Workouts 2 Days per week in the gym, utilizing the basketball practice model for building usage and double sessions, if needed

2 practices per week with teams (depending on participation)

Ski team bussed to Berkshire East 2x per week

Ice Hockey to rent ice at Amelia 2X per week

Based on survey results and previous experience, expected participation is tough to project

57% of parents said they WOULD support intramurals 21% said they MIGHT

But Only 23% of student-athletes said they WOULD, 42% said they MIGHT